

19. The non-transitory computer-readable medium of claim **18**, wherein the code comprises instructions to select songs from the collection of songs of the specific musical genre having the tempo by associating a tempo tag with each song of the collection of songs.

20. The non-transitory computer-readable medium of claim **18**, wherein the code comprises instructions to play back the selected songs at a tempo substantially less than or substantially greater than a tempo value derived based on the heart rate measurement.

* * * * *